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Examination Of Optimal Lymph Node Dissection For Massforming Type Intrahepatic Cholangiocarcinoma

<u>Makoto KURIMOTO</u>, Tomoaki YOH*, Keisuke OKURA, Yuichi TAKAMATSU, Yutaro HORI, Hiroto NISHINO, Takahiro NISHIO, Yukinori KOYAMA, Satoshi OGISO, Takamichi ISHII, Koichiro HATA, Etsuro HATANO

Department Of Surgery, Graduate School Of Medicine, Kyoto University, JAPAN

Background : Lymph node metastasis is a major poor prognostic factor for intrahepatic cholangiocarcinoma (ICC). However, there is no clear consensus on the optimal number of lymph nodes or extent of lymph node dissection for ICC.

Methods : Among hepatectomy cases (R0/R1 resection) with lymph node dissection performed for massforming type (MF) and MF plus periductal infiltrating type (MF+PI) ICC in our department from 2002 to 2020, 92 patients whose clinical and pathological findings of lymph node dissection were available were included. Analysis 1; the association of the number of lymph nodes dissected and the prognosis in pN0 cases, Analysis 2; the association of the number of lymph node metastasis and the prognosis in pN1 cases, Analysis 3; the effect of lymph node dissection of the gastro-hepatic area on the prognosis of leftside ICC. The minimum p-value approach was used to determine the optimal cut-off values of continuous variables.

Results : In all cases, the median overall survival(OS) was 57.8 months, and the median recurrence-free survival(RFS) was 17.8 months. The median number of lymph nodes dissected was 14 (1-56). 66(71.7%) patients were pN0 and 26(28.3%) patients were pN1. The median OS was pN0: 90.3 months, and pN1: 24.3 months. The median RFS was pN0: 31.2 months, and pN1: 7.6 months. Analysis 1. The OS of pN0 cases(n=66) was significantly stratified by the number of dissected lymph nodes, >8 vs ≤8 (102.6 months vs. 57.2 months, p=0.041, generalized Wilcoxon test). Analysis 2. There was no optimal cut-off point on the number of lymph node metastasis that stratified the survival outcomes in pN1 cases(n=26). All pN1 cases had lymph node metastasis of #8, #12, or #13. Analysis 3. In the left-side ICC cases(n=49), There is no independent lymph node metastasis in the gastro-hepatic area. The OS was not stratified by comparing the presence or absence of lymph node dissection in the gastro-hepatic area (with dissection: n=10, without dissection: n=39, p=0.739).

Conclusions : 1. Harvest and/or retrieval of \ge 9 LNs is recommended for ICC. 2. LN metastasis is a poor prognostic factor regardless of the number. 3. Survival benefit of LND of the gastro-hepatic area is limited.

Corresponding Author : Tomoaki YOH (tomyoh@kuhp.kyoto-u.ac.jp)